

COMPOSITION SAMPLE 3

First of all, we must know that every person is different from each other and every person have his own thoughts.

There are a lot of kinds of adictions but it doesn't mean that everybody was adict to something although that persons use or consume that things.

T.V is one of that things. If we answer to a group of people about watching TV, the bulk of them will admit that it's one of their favourite hobbies. Everybody watch TV everyday. The problem begins when watching TV becomes in an adiction. An adict to TV is someone who spends the day watching TV. For this kind of adict doesn't matter if he's watching news, a soap opera, a video clip or whatever, he doesn't put attention, the only important thing for him is watching TV.

When a person is becoming in an adict he begins to destroy communication among family and friends because the time which he could spend talking with his friends he is watching TV without speaking with anybody. TV begins to become in the adict's best friend, TV is like a drug for him. He feels well when he is watching it but, however, when TV is switched off, he feels alone and anxious.

Watching TV is not a bad habit, only by becoming it in an adiction we could say that it's a dangerous habit. People usually believe that watching TV, using internet, playing video-games... are not able to cause adictions and by this reason they don't put attention to this important issue which can produce negative consequences.