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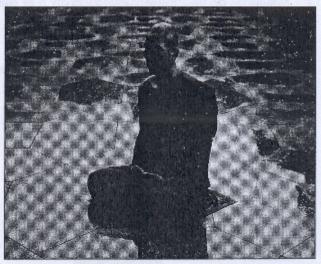
Mosaic 1 Grammar



Culture Note

In the 1960s many people in the United States became interested in yoga and meditation. Today millions of Americans practice yoga or meditation for health and fitness as well as for spiritual benefits.

- 6. The way is through meditation. People can reach nirvana this way.
- 7. Some people know the way. The way follows the practice of Siddhartha.
- The stillness of the very early morning is a time. Many people feel meditation is best then.



Buddhist monk meditating

- 5 Whenever you study a new subject, you need to define and understand key words. Definitions often use adjective clauses. In order to understand Activity 6, which follows, you will need to know the meanings of the following words. Complete their definitions by choosing the appropriate adjective clause.
 - 1. Our lifestyle is the way . . .

3. Discipline is the effort . . .

- 2. Our livelihood is the way . . .
- 4. Wisdom is knowledge and understanding . . .
- 5. Our intentions are actions . . .
- 6. Our morals are the guidelines . . .
- 7. Suffering is the sad part of life . . .
- 8. Right livelihood is the way . . .

- that we gain through study and experience
- b. that we choose to live, act, and think
- c. that we plan to do
- d. that we earn money
- e. that we use to determine right from wrong
- f. that we use to control our thoughts and actions
- g. that a Buddhist believer must work in the world
- h. that we cannot avoid
- 6 Error Analysis. Many of the following sentences have errors in the formation of adjective clauses. Find the errors and correct them. Indicate sentences that have no errors.

Examples: The way to nirvana is a method that Buddhists call the "Eightfold

Path." correct . where

People who follow the Eightfold Path reach a point that extremes and impulses are avoided there.

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Chapter 9 Human Behavior

- The Eightfold Path gives a moral way of living that it includes "right speech, action, and livelihood."
- It has instructions on discipline that they involve "right effort, mindfulness, and concentration."
- 3. The Eightfold Path also discusses the wisdom that we develop this wisdom through "right views and intentions."
- 4. It is not a set of teachings that emphasizes strictness or severity.
- 5. It teaches a moderate lifestyle where avoids strong feelings.
- The Eightfold Path leads to Nirvana, a feeling of peace when a person no longer has inner conflicts or suffering.
- Vegetarianism is a diet choice means you don't eat meat.
- 8. Vegetarians honor the right that all things have to live.
- 7 Summarize the information given in Activity 6 by completing the following in your own words:

The lifestyle that Buddha . . .

- 8 Have you felt moments of real inner peace? Describe one by completing the following sentences. Add other information if you wish.
 - 1. I've felt the kind of peace that . . .
 - 2. It was at a time (in my life) when . . .
 - 3. I had reached a point (in my life) where . . .
 - 4. It gave me the sensation that . . .
 - 5. For me, inner peace comes at the times when . . .
 - 6. Peace is a feeling that . . .
 - 7. There is a place where . . .
 - 8. To achieve inner peace, you need a personal space where . . .
- 9 Quickly reread the passage "Buddhism" on page 205. Then answer the following:
 - 1. What is the function of that honors one person in line 2?
 - 2. What is the function of that people attain through transcending human limitations in lines 6 to 7?

Using What You've Learned



After you have completed this section, there still may be words that confuse you. Make a short list of new vocabulary that you don't completely understand. Then, in small groups, write your own definitions for them.

After you have written your own definitions, check with other groups, with your teacher, or with your dictionary to see if the definitions are correct. You may also want to define some of the following words:

atheism festival ritual belief prayer sin doctrine prophet tradition faith religion worship