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Mosaic 1 Grammar



**Culture Note**

*In the 1960s many people in the United States became interested in yoga and meditation. Today millions of Americans practice yoga or meditation for health and fitness as well as for spiritual benefits.*

6. The way is through meditation. People can reach nirvana this way.
7. Some people know the way. The way follows the practice of Siddhārtha.
8. The stillness of the very early morning is a time. Many people feel meditation is best then.



Buddhist monk meditating

**5** Whenever you study a new subject, you need to define and understand key words. Definitions often use adjective clauses. In order to understand Activity 6, which follows, you will need to know the meanings of the following words. Complete their definitions by choosing the appropriate adjective clause.

- |                                                |                                                    |
|------------------------------------------------|----------------------------------------------------|
| 1. Our lifestyle is the way . . .              | a. that we gain through study and experience       |
| 2. Our livelihood is the way . . .             | b. that we choose to live, act, and think          |
| 3. Discipline is the effort . . .              | c. that we plan to do                              |
| 4. Wisdom is knowledge and understanding . . . | d. that we earn money                              |
| 5. Our intentions are actions . . .            | e. that we use to determine right from wrong       |
| 6. Our morals are the guidelines . . .         | f. that we use to control our thoughts and actions |
| 7. Suffering is the sad part of life . . .     | g. that a Buddhist believer must work in the world |
| 8. Right livelihood is the way . . .           | h. that we cannot avoid                            |

**6** **Error Analysis.** Many of the following sentences have errors in the formation of adjective clauses. Find the errors and correct them. Indicate sentences that have no errors.

**Examples:** The way to nirvana is a method that Buddhists call the “Eightfold Path.” *correct*  
 People who follow the Eightfold Path reach a point *where* extremes and impulses are avoided *there*.



1. The Eightfold Path gives a moral way of living that it includes "right speech, action, and livelihood."
  2. It has instructions on discipline that they involve "right effort, mindfulness, and concentration."
  3. The Eightfold Path also discusses the wisdom that we develop this wisdom through "right views and intentions."
  4. It is not a set of teachings that emphasizes strictness or severity.
  5. It teaches a moderate lifestyle where avoids strong feelings.
  6. The Eightfold Path leads to Nirvana, a feeling of peace when a person no longer has inner conflicts or suffering.
  7. Vegetarianism is a diet choice means you don't eat meat.
  8. Vegetarians honor the right that all things have to live.
- 7 Summarize the information given in Activity 6 by completing the following in your own words:  
The lifestyle that Buddha . . .
- 8 Have you felt moments of real inner peace? Describe one by completing the following sentences. Add other information if you wish.
1. I've felt the kind of peace that . . .
  2. It was at a time (in my life) when . . .
  3. I had reached a point (in my life) where . . .
  4. It gave me the sensation that . . .
  5. For me, inner peace comes at the times when . . .
  6. Peace is a feeling that . . .
  7. There is a place where . . .
  8. To achieve inner peace, you need a personal space where . . .
- 9 Quickly reread the passage "Buddhism" on page 205. Then answer the following:
1. What is the function of *that honors one person* in line 2?
  2. What is the function of *that people attain through transcending human limitations* in lines 6 to 7?

### Using What You've Learned



- 10 After you have completed this section, there still may be words that confuse you. Make a short list of new vocabulary that you don't completely understand. Then, in small groups, write your own definitions for them.

After you have written your own definitions, check with other groups, with your teacher, or with your dictionary to see if the definitions are correct. You may also want to define some of the following words:

atheism	festival	ritual
belief	prayer	sin
doctrine	prophet	tradition
faith	religion	worship