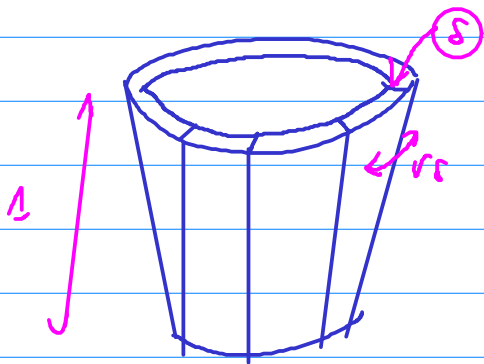


### III. Decoupling Inequalities in $\mathbb{R}^n$

Light-cones in  $\mathbb{R}^n$



Let  $\Gamma = \partial\Lambda_n \cap \{1 \leq z \leq 2\}$  and  $\Gamma(\delta) = \Gamma + O(\delta)$

Let  $\{w_j\} \subseteq S^{n-2}$  be  $\sqrt{\delta}$ -separated and

$$\Pi_\delta^{(\delta)} = \{(\tau, \xi) \in \Gamma(\delta) \mid |\frac{\xi}{|\xi|} - w_j| \leq c\sqrt{\delta}\}$$

↳ covering of  $\Gamma(\delta)$  by  $1 \times \delta \times (\sqrt{\delta} \times \dots \times \sqrt{\delta})$ -plates

Thm 1

If  $2 \leq p \leq \frac{2n}{n-2}$  and  $\varepsilon > 0$ , then

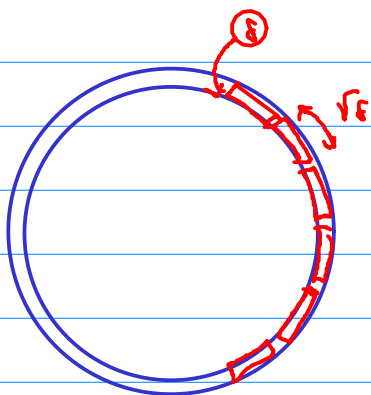
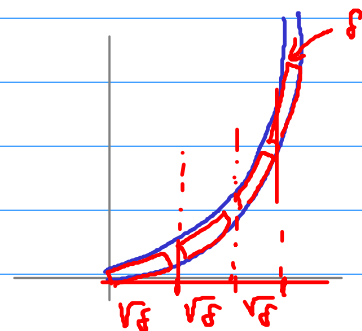
$$\|\sum f_j\|_p \lesssim_\varepsilon (\delta)^\varepsilon \left(\sum \|f_j\|_p^2\right)^{1/2}$$

for all  $\text{supp } f_j \subseteq \Pi_j^{(\delta)}$

It turns out to be a special case of

$d = n-1$

Spheres (or paraboloids) in  $\mathbb{R}^d$



Let  $S(\delta) = S^{d-1} + O(\delta)$  in  $\mathbb{R}^d$

Let  $\{w_j\} \subseteq S^{d-1}$  be  $\sqrt{\delta}$ -separated and

$$\Pi_\delta^{(d)} = \{s \in S(\delta) \mid |\frac{s}{|s|} - w_j| \leq c\sqrt{\delta}\}$$

a covering of  $S(\delta)$  by  $\delta \times (\sqrt{\delta} \times \dots \times \sqrt{\delta})$  plates

## Thm 2

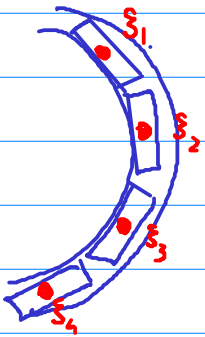
If  $2 \leq p \leq \frac{2(d+1)}{d-1}$  and  $\varepsilon > 0$ , then

$$\|\sum f_j\|_p \lesssim_\varepsilon (1/\delta)^\varepsilon \left(\sum_j \|f_j\|_p^2\right)^{1/2}$$

for all  $\text{supp } f_j \in \Pi_j^{(\delta)}$

## Examples

①  $\|\sum f_j\|_p \lesssim \left(\sum \|f_j\|_p^s\right)^{1/s}$  can only hold if  $s \leq 2$ .



Pick  $\varphi_j$  /  $\text{supp } \widehat{\varphi}_j \in \Pi_d \cap B_\delta(s_j)$

Let  $\widehat{\varphi}_j(s) = \widehat{\varphi}(s - s_j)$  for a fixed  $\widehat{\varphi} \in C_c^\infty(B_{\rho/2})$

Let  $f^\omega(x) = \sum a_j r_j(\omega) \varphi_j(x)$  Rademacher  $= \sum f_j^\omega$  indep & w!!

Now  $\left(\sum \|f_j^\omega\|_p^s\right)^{1/s} = \left(\sum |a_j|^s \|\varphi_j\|_p^s\right)^{1/s} = \left(\sum |a_j|^s\right)^{1/s} \|\varphi\|_p$

while

$$\mathbb{E} \left[ \left\| \sum f_j^\omega \right\|_p^p \right] \stackrel{\text{Fub}}{=} \int \mathbb{E} \left| \sum a_j \varphi_j(x) r_j(\omega) \right|^p dx$$

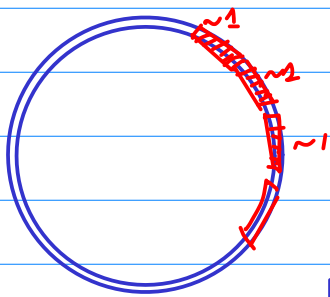
$$\stackrel{\text{Khintchine}}{\simeq} \int \left( \sum |a_j|^2 |\varphi_j(x)|^2 \right)^{p/2} dx = \left( \sum |a_j|^2 \right)^{p/2} \|\varphi\|_p^p$$

$\varphi_j(x) = e^{ix \cdot s_j} \varphi(x)$

So (p,s)-ineq  $\Rightarrow \left(\sum |a_j|^2\right)^{1/2} \lesssim \left(\sum |a_j|^s\right)^{1/s} \Rightarrow \underline{s \leq 2}$

Note: A variation of this example shows that the Bergman proj.  $P_\delta$  is not bounded on  $L_\delta^{p,q}$  when  $q \geq 2q_p$

Example 2 why  $2 \leq p \leq \frac{2(d+1)}{d-1}$  ?



Pick now

$$\hat{f}_j = \psi_{\pi_j}$$

smoothing of  $\mathbb{1}_{\pi}$  is

Then

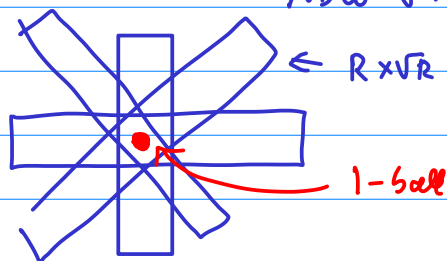
$$\|f_j\|_p \approx \|\hat{f}_j\|_p \approx |\pi_j|^{1/p} \approx \delta^{\frac{d+1}{2} \cdot \frac{1}{p}}$$

$$\left[ \begin{array}{l} \psi_{\pi} \in C_c^\infty(\pi), 0 \leq \psi \leq 1 \\ \text{and } \psi|_{\pi/2} \equiv 1 \end{array} \right]$$

Convention  
 $R := 1/\delta$

$$\Rightarrow \left( \sum \|f_j\|_p^2 \right)^{1/2} \approx \left( R^{\frac{d-1}{2}} \cdot \left( \delta^{\frac{d+1}{2} \cdot \frac{1}{p}} \right)^2 \right)^{1/2} = \delta^{\frac{d+1}{2p} - \frac{d-1}{4}}$$

Now  $f(x) = \sum f_j(x)$  makes "largest" contribution at  $|x| \leq 2$  ...



$\leftarrow R \times \sqrt{R}$ -tubes

In deed,

$$|f(x)| = \left| \int \hat{f}(\xi) (e^{ix \cdot \xi} - 1 + 1) d\xi \right|$$

$$\geq \int \hat{f}(\xi) d\xi - \int \hat{f}(\xi) |e^{ix \cdot \xi} - 1| d\xi$$

$\ll 1$  if  $|x| \leq 1$

$$\gtrsim \int \hat{f}(\xi) = |S(\delta)| \approx \delta$$

So if  $(p, \delta)$ -dec holds then

$$\delta \lesssim \delta^{\frac{d+1}{2p} - \frac{d-1}{4}} \Leftrightarrow 1 \geq \frac{d+1}{2p} - \frac{d-1}{4}$$

$$\Leftrightarrow \dots \Leftrightarrow p \leq \frac{2(d+1)}{d-1}$$

Exercise 1. Show that, for  $p > \frac{2(d+1)}{d-1}$ , if it holds

$$\|\sum f_j\|_p \leq R^\alpha \left( \sum \|f_j\|_p^2 \right)^{1/2}$$

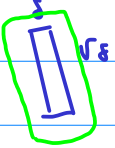
$$\text{then necessarily } \alpha \geq \frac{d-1}{4} - \frac{d+1}{2p}$$

## Some facts about this inequalities

FACT 1 Dec ineq are "localized in scale  $R$ ", i.e., if one knows

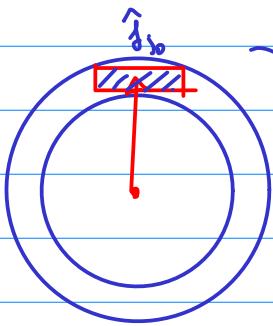
$$\| \sum f_j \|_{L^p(\mathbb{Q})} \leq \left( \sum \|f_j\|_{L^p(\psi_{\mathbb{Q}})}^2 \right)^{1/2} \quad \left\{ \begin{array}{l} \checkmark R\text{-width } \mathbb{Q} \end{array} \right.$$

$$\Rightarrow \| \sum f_j \|_{L^p(\mathbb{R}^d)} \leq \left( \sum \|f_j\|_{L^p(\mathbb{R}^d)}^2 \right)^{1/2}$$

Idea,  $\| \sum_j f_j \|_{L^p(\mathbb{Q})} \leq \| \sum_j \hat{f}_j \psi_{\mathbb{Q}} \|_{L^p(\mathbb{R})}$  

and  $\hat{f}_j \psi_{\mathbb{Q}} = \hat{f}_j * \hat{\psi}_{\mathbb{Q}} \xrightarrow{\text{supp}} \pi_j + o(\delta) \subseteq 2\pi_j$

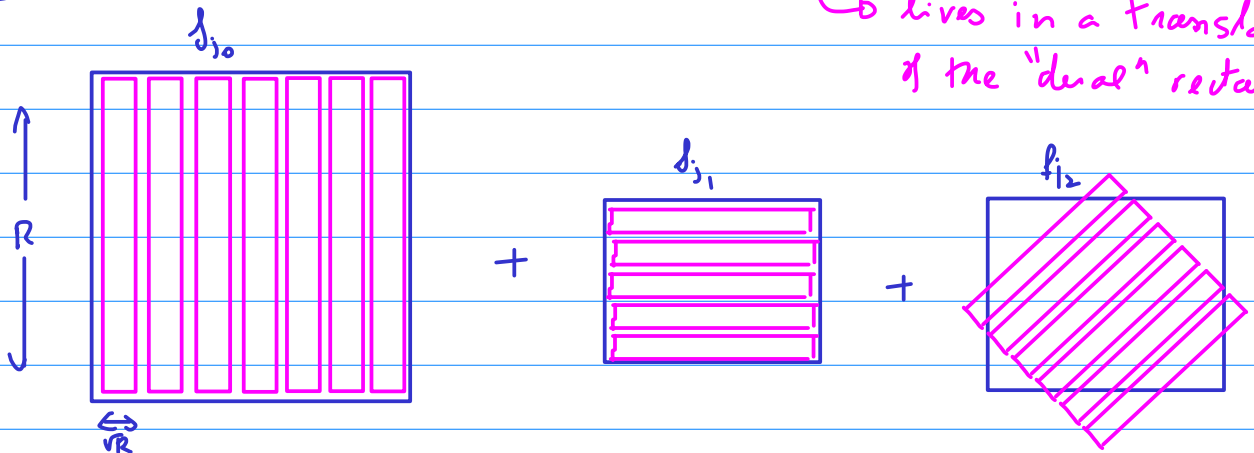
FACT 2: space-frequency decomposition



expand  $\hat{f}_{j_0}(s) = \left( \sum_{\lambda \in \Lambda_{j_0}} c_{\lambda} e^{i \lambda \cdot s} \right) \cdot \psi_{\pi_{j_0}}$

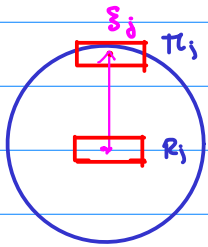
$$\Rightarrow f_{j_0}(x) = \sum_{\lambda \in \Lambda_{j_0}} c_{\lambda} \underbrace{\hat{\psi}_{\pi_{j_0}}(x - \lambda)}_{\text{R} \times \sqrt{R}\text{-tube}}$$

↳ lives in a translation of the "dual" rectangle  $\pi_{j_0}^{\vee}$



So  $f = \sum f_j =$  sum of train waves living in a  $\sqrt{R}$ -repacked family of  $R \times \sqrt{R}$ -tubes

Note: Each tube has an oscillation tube to the plate location



$$\Psi_{\pi_j} = \Psi_{R_j}(\cdot - z_0) \rightarrow \widehat{\Psi}_{\pi_j}(x) = e^{ix \cdot \xi_j} \widehat{\Psi}_{R_j}(z)$$

↑  
oscillation of freq  $\approx 1$   
in longest direction of tube

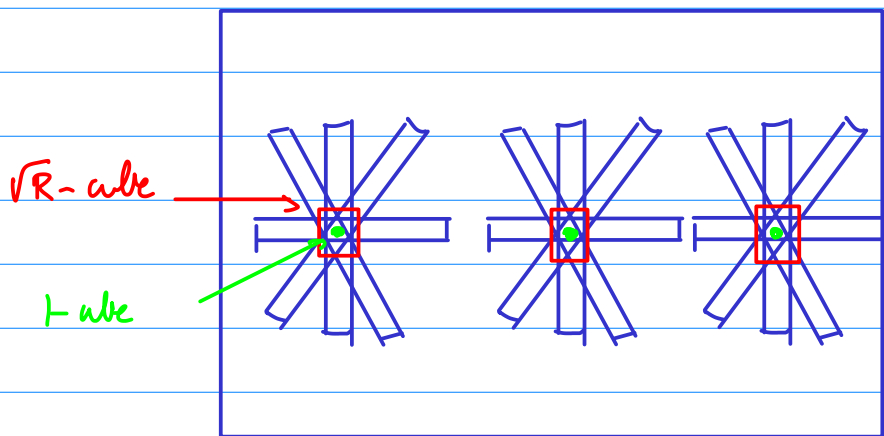


Moral: Decoupling inequalities should preserve the main contributions of these collections of oscillating waves...

### Example 3 An extremizer function

Suppose  $f = \sum f_j$  is such that

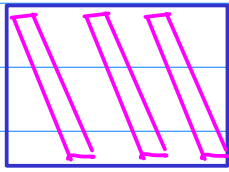
- # directions =  $R^{\frac{d-1}{2}}$
- # tubes/direction =  $N$  (fixed)
- tubes are arranged in "disjoint bushes"



Because of oscillation of these waves, we expect the main contribution of each "bush" to occur in a 1-ball !!

↳ let us see how the decoupling inequality justifies this fact (so contributions outside 1-balls are negligible)

Each  $f_j =$  sum of  $N$  terms  $\left[ \text{ie. } \hat{f}_j = \left( \sum_{t \in A_j} e^{i \cdot 1 \cdot t} \right) \chi_{\pi_j}, |A_j| = N \right]$



$$\Rightarrow \|f_j\| \approx (N \cdot |\pi_j|)^{1/p} = N^{1/p} \cdot R^{\frac{d+1}{2} \cdot \frac{1}{p}}$$

$$\text{So } \left( \sum \|f_j\|_p^2 \right)^{\frac{1}{2}} = (\#)^{\frac{1}{2}} \cdot N^{\frac{1}{p}} \cdot R^{\frac{d+1}{2} \cdot \frac{1}{p}} = R^{\frac{d-1}{4}} \cdot R^{\frac{d+1}{2} \cdot \frac{1}{p}} \cdot N^{\frac{1}{p}}$$

On the other hand, the contribution at the small  $\downarrow$ -balls should be

$$|\sum f_j(x)| \approx \# = R^{\frac{d-1}{2}} \quad \text{for } x \in B_1 \quad \# B_2 \downarrow$$

$$\text{Thus } \|\sum f_j\|_p \approx \left( \sum_{|B|=1} \int_B |\sum f_j|^p \right)^{1/p} \approx R^{\frac{d-1}{2}} \cdot N^{1/p}$$

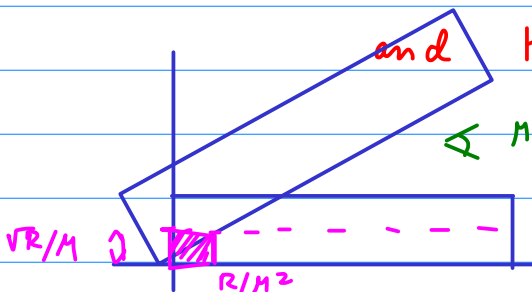
Comparing both expressions

$$\text{LHS} \approx \text{RHS} \quad \text{iff } p = \frac{2(d-1)}{d-1} !!$$

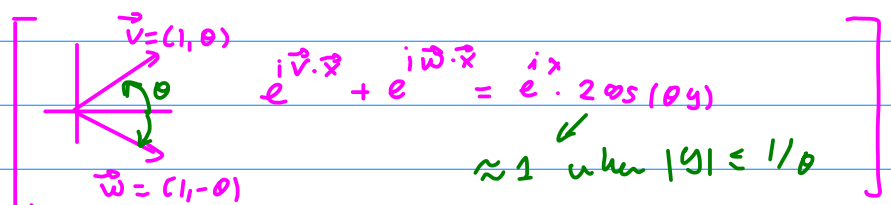
Moral Optimal decoupling req preserve the main "constructive interferences" in these highly overlapping trains.

Exercise: In the previous example, assume that only  $(d=2)$   $M$ -consecutive directions are kept (sq in  $\mathbb{R}^2$ ).

Show that constructive interference happens in an  $\left( \frac{R}{M^2} \times \frac{\sqrt{R}}{M} \right)$ -rectangle



and that these trains are also optimizers of  $(\epsilon=5, s=2)$ .



Notes: All these examples are discussed in Demeter's book (Chapter 10.1)

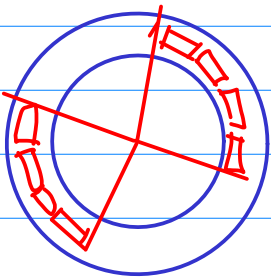
Ideas in proof of Thm 2 (for  $d=2$  circle/parabola)

**TOOL 1** Bilinear method TFAE

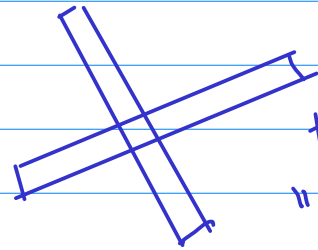
(a)  $\| \sum f_j \|_p \lesssim R^d \cdot (\sum \|f_j\|_p^2)^{1/2}$

(b)  $\| (\sum f_j) (\sum g_j) \|_{p/2} \leq R^{2d} (\sum \|f_j\|_p^2)^{1/2} \cdot (\sum \|g_j\|_p^2)^{1/2}$

provided  $\text{dist}(\text{Supp } \hat{f}_j, \text{Supp } \hat{g}_\ell) \gtrsim 1 \quad \forall j, \ell$

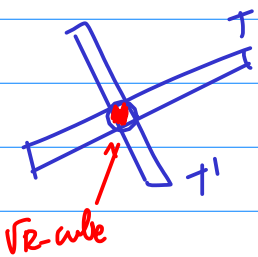


← frequencies 1-separated



tubes are "transversal"

The inequality (b) can profit from this "transversality", via Koike-type integral estimates:



$$\frac{1}{|\tau_0 + \tau|} \int_{\tau \in \tau_1} (\sum c_{\tau'} \mathbb{1}_{\tau'}) (\sum_{\tau'' \in \tau_2} c_{\tau''} \mathbb{1}_{\tau''}) \lesssim \frac{1}{|\tau|} \left[ \int_{\tau_1} (\sum c_{\tau'} \mathbb{1}_{\tau'}) \right] \cdot \left[ \int_{\tau_2} (\sum c_{\tau''} \mathbb{1}_{\tau''}) \right]$$

for any  $\tau_1, \tau_2$  families of "transversal" tubes (and  $c_{\tau'}, c_{\tau''} \geq 0$ )

Note: When  $d \geq 3 \rightarrow$  one needs the deeper  $d$ -linear Koike estimates

## Tool 2 : Induction on scales

Roughly means that :

$$\text{if } \|(\sum f_j)(\sum g_j)\|_{p/2} \leq R^{2\alpha} (\sum \|f_j\|_p^2)^{1/2} \cdot (\sum \|g_j\|_p^2)^{1/2} \quad \left. \vphantom{\|(\sum f_j)(\sum g_j)\|_{p/2}} \right\} \text{ holds } \forall \delta$$

$$\Rightarrow \|(\sum f_j)(\sum g_j)\|_{p/2} \leq R^{2(2-\varepsilon)} (\sum \|f_j\|_p^2)^{1/2} \cdot (\sum \|g_j\|_p^2)^{1/2} \quad \left. \vphantom{\|(\sum f_j)(\sum g_j)\|_{p/2}} \right\} \text{ also holds}$$

→ so iterating the process can obtain a power of  $R$  as small as desired.

## Tool 3 Passage from $\delta_1$ -arcs to $\delta_1^2$ -arcs

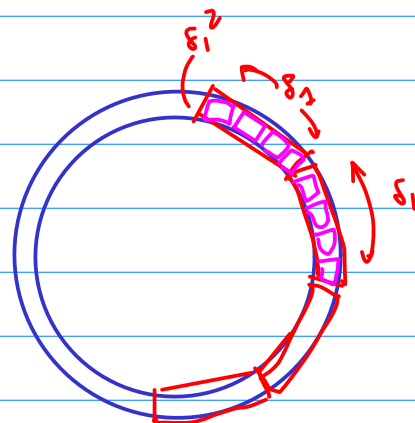
This is a key step. It produces a GAIN using Muleya-estimate at  $2^{p/2}$

$$+ \text{ interpolation } \|\cdot\|_{2^{p/2}} \leq \|\cdot\|_{L^2}^{1-\alpha} \cdot \|\cdot\|_{L^p}^{\alpha}$$

+  $L^2$ -OG

+ Bernstein prop  $\|f_0\| \approx \text{diam}$  in  $(V\delta^2)$ -cube  
if  $\text{supp } \widehat{f_0} \subseteq \delta^2$ -cube

+ pigeon-hole : uniformization of sets  $\mathcal{I}$  of directions  $\left\{ \text{s.t. } \|f_a\|_{2^{p/2}} \approx \text{diam} \right\}$   
 $\forall a \in \mathcal{I}$



↳ Details : See Appendix to this lecture notes  
(or chap 10 in Demeter's book).