

The Muscular System: Sliding Filament Theory

1. a. The thick filament is composed of what molecule?

- b. Flexing the head of this molecule provides what is known as the
_____.
2. The myosin head contains binding sites for what two molecules?
 - a.
 - b.
3. Three molecules make up the thin filament.
 - a. Which molecule has a binding site for myosin heads?

 - b. Which molecule covers this binding site?

 - c. Which molecule has a binding site for calcium ions?

4. What molecule must bind to the myosin head in order for it to disconnect with actin? _____
5. Hydrolysis of the molecule in question 4 returns the myosin molecule to the _____ confirmation.
6. Binding of the myosin heads sequentially prevents _____ of the thin filament.
7. Name three roles for ATP in the contraction of muscle.
 - a.
 - b.
 - c.
8. What molecule is connected to the Z line? _____
9. Which of the following shorten during contraction? (may be more than one)
 - a. Thin filament

- b. Sarcomere
 - c. H zone
 - d. Thick filament
10. a. What is the name of the condition in which muscles become rigid after death? _____
- b. What is this condition due to?